

EQUINE ASSISTED TEAM WELLBEING

Strong connections | Healthy communication



SKILLS & TEAM BUILDING WITH HORSES

Safely experiment with personal boundaries, healthy relationships, clear communication and facing challenges together with our qualified facilitators to set up your team with personal and professional confidence.



"There is nothing else like this. Our team left the day in a euphoric state. The environment, food, coordinators and the horses! Nothing prepared us for what this would be like, and the business and our culture will be benefiting from this for a long time to come."

- McGrath Ballina / Byron Bay

WHY HORSES?

As a social herd animal that horses have an instinctual ability to mirror and model our behaviour. This can support the growth of specific skills such as:

- Calming our nervous system
- Increasing focus & concentration
- Embracing unique talents & skills
- Feeling confident & motivated
- Communicating clearly
- Facing challenges efficiently



EQUINE ASSISTED TEAM WELLBEING

Guiding team members to be the best version of themselves
and supporting their teams to thrive



HALF OR FULL DAY PROGRAMS

- Connect with your team out in nature
- Fully customisable program - additional extras, such as yoga, art classes, sound healing or your own toolbox meeting
- Located on a ranch with access to a secluded beach and private pool
- Fully catered

SUGAR BEACH RANCH

60 acres of bushland
Secluded beachfront venue
Private resort-style pool access
Outdoor dining area
Accommodation bungalows
...all nestled in nature!

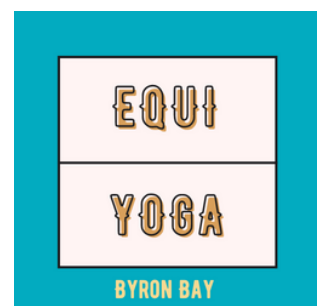
WWW.SUGARBEACHRANCH.COM



PROGRAMS TAILORED TO YOUR TEAM'S NEEDS



To learn more:



Maxime & Stevey